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The Substitution Rule Lecture 7

whenever you think about a topic, ask yourself:
 what would the Native Americans have named it?
 what is the spirit name of the subject at hand?
 The substitution rule or u -substitution is simply
 a mechanism to deal with the problem of reversing
 chain rule.

Ex. Place a mathematical expression in the box
 (other than 0) to make integration as simple as possible.

(a) $\int e^{\sin x} \boxed{} dx$

(b) $\int \sec^3 x \tan^3 x \boxed{} dx$

(c) $\int \ln x \boxed{} dx$

(d) $\int \frac{1}{v^3 - 2v^2 + v} \boxed{} dv$

(e) $\int_1^2 \cos(\pi x^2) \boxed{} dx$

(f) $\int_1^{27} \frac{1}{x^{2/3} + 1} \boxed{} dx$

Solution: Feeling clever, you might observe that
 placing the expression $\frac{1}{f(x)}$ into the box of $\int f(x) \boxed{} dx$

will result in $\int 1 dx = x + C$ ⁽²⁾.

Aside from these ideas, we may try to make the integrand look like it came from Chain Rule.

$$(a) \int e^{\sin x} \boxed{\cos x} dx = e^{\sin x} + C$$

$$(b) \int \sec x^3 \tan x^3 \boxed{3x^2} dx = \sec x^3 + C$$

$$(c) \int \ln x \boxed{\frac{1}{x}} dx = \frac{1}{2}(\ln x)^2 + C$$

$$(d) \int \frac{1}{v^3 - 2v^2 + v} \boxed{3v^2 - 4v + 1} dv = \ln|v^3 - 2v^2 + v| + C$$

$$(e) \int_1^2 \cos(\pi x^2) \boxed{2\pi x} dx = \sin(\pi x^2) \Big|_1^2 = 0$$

$$(f) \int_1^{27} \frac{1}{(x^{\frac{1}{3}})^2 + 1} \boxed{\frac{1}{3} x^{-\frac{2}{3}}} dx =$$

$$= \tan^{-1}(x^{\frac{1}{3}}) \Big|_1^{27} = \tan^{-1} 3 - \tan^{-1} 1$$

$$= \tan^{-1} 3 - \frac{\pi}{4}$$

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Observe that in undoing chain rule, we only need to find the antiderivative of the outermost function.

For example

$$\int 2x\sqrt{1+x^2} dx = \int \underbrace{\sqrt{1+x^2}}_{\text{inner function}} \underbrace{2x}_{\text{derivative of inner function}} dx$$

undo $\int \sqrt{\quad} = \frac{2}{3} \square^{3/2}$

$$= \frac{2}{3} (1+x^2)^{3/2} + C$$

or $\int \sin(\ln x) \frac{1}{x} dx = \int \sin(\square) \left[\frac{1}{x}\right]' dx$

undo $\int \sin = -\cos$

or $-\cos(\ln x) + C$.

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In general, the chain rule pattern looks like

$$\int f'(g(x)) g'(x) dx.$$

The substitution rule emphasizes that only the antiderivative of f' must be found:

$$u = g(x) \quad \frac{du}{dx} = g'(x) \quad \text{or} \quad du = g'(x) dx$$

↑
identifies inner function

↑
derivative of inner function.

$$\text{Then } \int f'(g(x)) g'(x) dx = \int f'(u) du$$

The last expression makes it plain that we only need to deal with f' .

Ex. Evaluate $\int \sqrt{2x+1} dx$

Solution:

(i) Without u-sub

$$\frac{1}{2} \int \sqrt{2x+1} \cdot [2]' dx = \frac{1}{2} \cdot \frac{2}{3} (2x+1)^{3/2} + C = \frac{1}{3} (2x+1)^{3/2} + C.$$

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(ii) with u-sub

$$\int \sqrt{2x+1} \, dx \quad \text{set } u = 2x+1, \, du = 2dx$$

$$\frac{1}{2} du = dx$$

$$\int \sqrt{u} \frac{1}{2} du = \frac{1}{2} \int \sqrt{u} \, du = \frac{1}{3} u^{3/2} + C$$

integrate over
function.

$$= \frac{1}{3} (2x+1)^{3/2} + C$$

Ex. Find $\int \frac{x}{\sqrt{1-4x^2}} \, dx$

Solution:(i) without u-sub

$$-\frac{1}{8} \int \frac{1}{\sqrt{1-4x^2}} \boxed{-8x} \, dx = -\frac{1}{4} \sqrt{1-4x^2} + C$$

(ii) with u-sub

$$u = 1-4x^2 \quad du = -8x \, dx, \quad -\frac{1}{8} du = x \, dx$$

$$\int \frac{1}{\sqrt{u}} \left(-\frac{1}{8}\right) du = 2\sqrt{u} \left(-\frac{1}{8}\right) + C = -\frac{1}{4} \sqrt{1-4x^2} + C$$

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Ex. Find $\int e^{5x} dx$ Solution:

$$\frac{1}{5} \int e^{\boxed{5x}} \boxed{5}' dx = \frac{1}{5} e^{5x} + C.$$

Ex. Find $\int x^3 \cos(x^4+2) dx$ Solution:

$$\frac{1}{4} \int \boxed{4x^3}' \cos(\boxed{x^4+2}) dx = \frac{1}{4} \sin(x^4+2) + C.$$

Ex. Calculate $\int \tan x dx$ Solution:

$$\int \frac{\sin x dx}{\cos x} = -1 \int \frac{1}{\boxed{\cos x}} \boxed{-\sin x}' dx$$

$$= -\ln|\cos x| + C = \ln|\sec x| + C.$$

You are convinced, I hope, that in most instances it is simpler to guess the antiderivative without going through formalisms of u-substitution. There are some instances when u-sub is useful,

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Ex. Find $\int \sqrt{1+x^2} x^5 dx$.

Solution:

This integral does not seem to involve reverse Chain Rule. Notice however that $\sqrt{\quad}$ makes the whole thing difficult, it would be nice to get it removed.

Set $u = \sqrt{1+x^2}$, then $u^2 = 1+x^2$ and $2udu = 2xdx$
or $udu = xdx$

Now $x^5 dx = x^4 x dx = (x^2)^2 x dx = (u^2-1)^2 u du$

so $\int \sqrt{1+x^2} x^5 dx = \int u (u^2-1)^2 u du =$

$= \int (u^2-1)^2 u^2 du = \int (u^6 - 2u^4 - u^2) du$

$= \frac{1}{7} u^7 + \frac{-2}{5} u^5 - \frac{1}{3} u^3 + C =$

$= \frac{1}{7} (1+x^2)^{7/2} - \frac{2}{5} (1+x^2)^{5/2} - \frac{1}{3} (1+x^2)^{3/2} + C.$

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When dealing with definite integrals, observe that

$$\int_a^b f'(g(x))g'(x) dx = f(g(x)) \Big|_a^b = f(g(b)) - f(g(a))$$
$$= f(u) \Big|_{u=g(a)}^{u=g(b)} = \int_{g(a)}^{g(b)} f'(u) du$$

Ex. $\int_0^4 \sqrt{2x+1} dx = \frac{1}{2} \int_{0+1}^{8+1} \sqrt{u} du$

$$= \frac{1}{2} \int_1^9 \sqrt{u} du = \frac{1}{2} \cdot \frac{2}{3} u^{3/2} \Big|_1^9 = \frac{1}{3} (27-1) = \frac{26}{3}$$

Ex. Evaluate $\int_1^2 \frac{dx}{(3-5x)^2}$

Solution:

$$u = 3-5x; \quad du = -5dx \implies dx = -\frac{1}{5} du$$

$$u(1) = 3-5 = -2, \quad u(2) = 3-5 \cdot 2 = -7$$

$$-\frac{1}{5} \int_{-2}^{-7} \frac{du}{u^2} = -\frac{1}{5} \left[-\frac{1}{u} \right]_{-2}^{-7} = -\frac{1}{5} \left(\frac{1}{7} - \frac{1}{2} \right) = \frac{1}{14}$$

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Ex. Calculate $\int_1^e \frac{\ln x}{x} dx$

Solution: $u = \ln x, du = \frac{1}{x}$

$$\int_{\ln 1}^{\ln e} u du = \int_0^1 u du = \frac{u^2}{2} \Big|_0^1 = \frac{1}{2}$$

Ex. Find

(a) $\int \frac{(\ln x)^2}{x} dx$

(b) $\int \sec^2 \theta \tan^3 \theta d\theta$

(c) $\int \sqrt{x} \sin(1+x^2) dx$

(d) $\int \frac{\sin \sqrt{x}}{\sqrt{x}} dx$

(e) $\int 5^t \sin(5^t) dt$

(f) $\int \frac{1+x}{1+x^2} dx$

(g) $\int x^2 \sqrt{2+x} dx$

(h) $\int x^3 \sqrt{x^2+1} dx$

Solution:

(a) $\int \frac{(\ln x)^2}{x} dx = \frac{1}{3} (\ln x)^3 + C$

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$$(b) \int \sec^2 \theta \tan^3 \theta d\theta = \frac{1}{4} \tan^4 \theta + C$$

$$(c) \frac{2}{3} \int \frac{3}{2} \sqrt{x} \sin(1+x^{\frac{3}{2}}) dx = -\frac{2}{3} \cos(1+x^{\frac{3}{2}}) + C$$

$$(d) 2 \int \frac{\sin \sqrt{x}}{2\sqrt{x}} dx = -\cos \sqrt{x} + C$$

$$(e) \frac{1}{\ln 5} \int 5^t \ln 5 \sin(5^t) dt = -\frac{1}{\ln 5} \cos(5^t) + C$$

$$(f) \int \frac{1+x}{1+x^2} dx = \int \frac{1}{1+x^2} dx + \frac{1}{2} \int \frac{2x}{1+x^2} dx$$

$$= \tan^{-1} x + \frac{1}{2} \ln(1+x^2) + C$$

$$(g) \text{ set } u = \sqrt{2+x} \text{ then } u^2 = 2+x,$$

$$x = u^2 - 2, \quad dx = 2u du$$

$$\text{so } \int x^2 \sqrt{2+x} dx = \int (u^2 - 2)^2 u \cdot 2u du =$$

$$= \int (u^2 - 2)^2 \cdot 2u^2 du = 2 \int (u^4 - 4u^2 + 4) u^2 du$$

$$= 2 \int (u^6 - 4u^4 + 4u^2) du = 2 \left(\frac{u^7}{7} - \frac{4}{5} u^5 + \frac{4}{3} u^3 \right) + C$$

$$= \frac{2}{7} (\sqrt{2+x})^7 - \frac{8}{5} (\sqrt{2+x})^5 + \frac{8}{3} (\sqrt{2+x})^3 + C$$

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$$(h) \int x^3 \sqrt{x^2+1} dx$$

$$u = \sqrt{x^2+1} ; u^2 = x^2+1 ; u du = x dx$$

$$\begin{aligned} \int (u^2-1) u^2 du &= \int (u^4 - u^2) du = \frac{1}{5} u^5 - \frac{1}{3} u^3 + C \\ &= \frac{1}{5} (x^2+1)^{5/2} - \frac{1}{3} (x^2+1)^{3/2} + C. \end{aligned}$$

Ex. Solve

$$(a) \int_1^2 \frac{e^{1/x}}{x^2} dx$$

$$(b) \int_1^2 x \sqrt{x-1} dx$$

$$(c) \int_e^{e^4} \frac{dx}{x \sqrt{\ln x}}$$

$$(d) \int_0^1 \frac{e^z+1}{e^z+z} dz$$

$$(e) \int_{-\pi/3}^{\pi/3} x^4 \sin x dx$$

$$(f) \int_0^{1/2} \frac{\sin^{-1} x}{\sqrt{1-x^2}} dx$$

$$(g) \int_0^{\pi/2} \cos x \sin(\sin x) dx$$

$$(h) \int_0^1 \frac{dx}{(1+\sqrt{x})^4}$$

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Solution:

$$(a) \quad u = \frac{1}{x} \quad du = -\frac{1}{x^2} dx$$

$$-\int_1^{\frac{1}{2}} e^u du = \int_{\frac{1}{2}}^1 e^u du = e^1 - e^{\frac{1}{2}} = e - \sqrt{e}$$

$$(b) \quad u = x-1, \quad du = dx$$

$$\begin{aligned} \int_0^1 (2u+1)\sqrt{u} du &= \int_0^1 (2u^{\frac{3}{2}} + u^{\frac{1}{2}}) du \\ &= \left. \frac{2}{5} u^{\frac{5}{2}} + \frac{2}{3} u^{\frac{3}{2}} \right|_0^1 = \frac{2}{5} + \frac{2}{3} \end{aligned}$$

$$(c) \quad u = \ln x, \quad du = \frac{1}{x}$$

$$\int_1^4 \frac{1}{\sqrt{u}} du = \left. 2\sqrt{u} \right|_1^4 = 2(2-1) = 2$$

$$(d) \quad u = e^z + z \quad du = (e^z + 1) dz$$

$$\int_1^{e+1} \frac{1}{u} du = \ln|u| \Big|_1^{e+1} = \ln(e+1)$$

$$(e) \quad x^4 \sin x \text{ is an odd function} \Rightarrow \int_{-\frac{\pi}{3}}^{\frac{\pi}{3}} x^4 \sin x dx = 0$$

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$$(f) \int_0^{\frac{1}{2}} \frac{\sin^{-1} x}{\sqrt{1-x^2}} dx = \frac{1}{2} \left[\sin^{-1}(x) \right]^2 \Big|_0^{\frac{1}{2}}$$

$$= \frac{1}{2} \cdot \frac{\pi}{6} = \frac{\pi}{12}$$

$$(g) \int_0^{\frac{\pi}{2}} \cos x \sin(\sin x) dx = \int_0^1 \sin(u) du =$$

$$= -\cos(u) \Big|_0^1 = 1 - \cos(1)$$

(h) set $u = 1 + \sqrt{x}$, then $(u-1)^2 = x$ and

$$2(u-1) du = dx$$

$$\int_1^2 \frac{2(u-1)}{u^4} du = 2 \int_1^2 (u^{-3} - u^{-4}) du =$$

$$= 2 \left[-\frac{1}{2} u^{-2} + \frac{1}{3} u^{-3} \right]_1^2 = \frac{1}{6}$$

Symmetry

Suppose f is continuous on $[-a, a]$

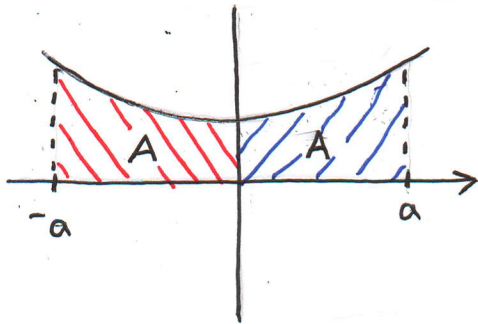
(i) If f is even (i.e. $f(-x) = f(x)$) then

$$\int_{-a}^a f(x) dx = 2 \int_0^a f(x) dx$$

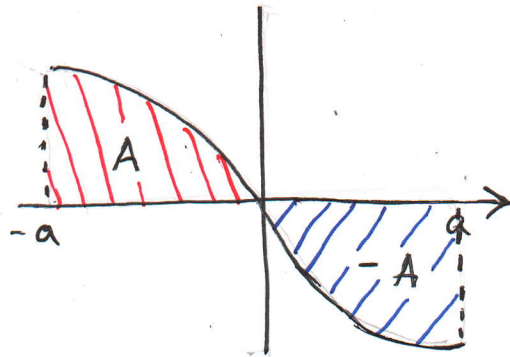
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(ii) If f is odd (i.e. $f(-x) = -f(x)$) then

$$\int_{-a}^a f(x) dx = 0$$

 f even:

$$\begin{aligned} \int_{-a}^a f(x) dx &= 2A \\ &= 2 \int_0^a f(x) dx. \end{aligned}$$

 f odd:

$$\begin{aligned} \int_{-a}^a f(x) dx &= A - A \\ &= 0. \end{aligned}$$

Ex. $\int_{-2}^2 (x^2 + 5) dx = 2 \int_0^2 (x^2 + 5) dx =$

$$= 2 \left[\frac{1}{3} x^3 + 5x \right]_0^2 = 2 \left(\frac{8}{3} + 10 \right) = \frac{16}{3} + 20.$$

Ex. $\int_{-1}^1 \frac{\tan x}{1+x^2+x^3} dx = 0$ because the integrand is an odd function.